



Avocado and Cucumber Salad with Kiwi-Lime Dressing

Final Lifestyle

INGREDIENTS

- 1 large firm and ripe avocado
- 1 medium cucumber, peeled and diced
- 1/8 cup chopped sweet onion or green onion (white part only)
- Juice of 1 lime
- 2 TBS Extra Virgin olive oil
- Pinch or two of sea salt, to taste
- Pinch of freshly ground black pepper (optional)
- 1 TSP Chili powder
- 1 kiwi, peeled and chopped

INSTRUCTIONS

- Add avocado, cucumber and sweet onion to a bowl.
- Whisk together lime juice, oil, salt and pepper, and chili powder until dressing comes together (emulsifies).
- Toss kiwi into dressing. Pour over salad.
- Toss salad ingredients together to coat with dressing. Chill until ready to serve.

SERVING INFO: (Serves 4)

1/2 cup = 1/2 V, 1 FT

See photo of this recipe at [Instagram](#) or [Facebook](#)